



Panama is home to one of world's modern engineering marvels, the incredible Panama Canal. Whether you see the canal on a cruise ship or by land, Panama has much more to discover. There are vast jungles, magical rainforests, and lush mountain forests that boast of amazing biological diversity in both flora and fauna. With miles of coastline, it's easy to find uncrowded beaches as well as idyllic islands ringed with coral reefs; and there are more than 500 rivers, hosting indigenous villages. For an urban experience, Panama City is a vibrant and diverse metropolis with superb dining, lodging, and nightlife.

Panama is a tropical wonderland that offers fun and adventure for animal and nature lovers alike. With Panama's compact size, you can easily use Panama City as a base, and explore the country on day-tours. Lakani World Tours can create a travel itinerary best suited for you – depending on your time, interests, and budget.

Panama City & the Panama Canal – Explore the city's historic Casco Viejo (Old Quarter) with its noted Spanish colonial architecture. Visit Paseo Las Bóvedas and witness Miraflores, one of the Panama Canal's impressive locks, including a stop at the Miraflores Visitor Center.

Soberania National Park and Monkey Island – Explore lush jungle replete with thousands of exotic bird species and native wildlife. Take a boat trip to Monkey Island, with its plethora of monkey species; visit an authentic Indian village to learn about the area's rich local culture.

San Blas Islands – Enjoy, snorkeling among reefs and coral in crystal clear water. Connect with nature and discover the Guna culture and people.

Anton Valley – Visit Panama's wild side, hiking to hot springs nestled in the broad crater of a stratovolcano. See ancient petroglyphs, a hidden waterfall, and then soak in a steaming pool. Tour the Nispero Zoo to see endangered species and exotic orchids.

Panama Canal Train and Colon Tour – Take the train from Panama City to Colon through a scenic route with the Panama Canal, the Chagres River and tropical mountain range on both sides. Tour the city of Colon, its forts, and the Agua Clara Lock Center.

Gatun River & Embera Indigenous People – Travel through tropical rainforest by piragua (canoe) to a Embera Quera village. See sloth and howler monkeys, as well as a variety of birdlife. Enjoy a cultural experience with the Embera that includes music, dancing and visiting their unique traditional homes built on stilts.

Best Time to Visit:
JAN – MID APRIL

